

Mark your calendar for Saturday, August 21st for a day of fun on Cedar Creek Lake!

Come join Mary & Mar at their little piece of paradise on Cedar Creek Lake.

The lake is full so bring your suits, noodles, floats, sun cream, and lawn chair to spend a relaxing day at the lake. We have some floats and chairs for you to use also. There will be several kayaks available for those wanting to paddle.

Mary & Mar will provide hamburgers, and bottled water. Please bring a side dish to share. Remember to car pool. We have limited parking. We look forward to seeing you for some fun in the sun.

Mary 214-316-8960,
Mar 214-287-4481

2182 Hickory St. Mabank, TX 75156

Best to put in intersection of Hickory St and Elm St on your GPS. There are several Hickory St around the lake.

“What have you been doing during the pandemic?

Been getting outside? I need to get my hands dirty, and I love to garden. After a couple of years trying to grow veggies, and only feeding the critters, I decided to switch it up and create a wildscape to begin to restore lost native habitat. I use native plants and keep a big shallow bowl of water outside. The garden offers flowers and nectar for the pollinators, seeds for birds, lots of insects for those who prefer that, and small trees and shrubs for birds to hide and nest in. After

NO meeting in July or August

ANNUAL DUES ARE \$20

Dues paid in 2020 will cover your membership through 2021



getting sweaty and dirty, I park myself in a chair with a cold drink, and spend some time watching the birds and insects, smelling the scents, and listening to the wind chimes. Totally relaxing. Want to get started helping restore habitat? Plant one native plant in your garden. One native plant in your garden is one more than was there before. You don't have to re-landscape your entire yard (unless you want to). Just one plant or one bird feeder will help. Enjoy the good weather and I hope to hear what you've been up to.”

Nancy Lee

LOIS SHOWS TOWNIES HOW TO MAKE PAPER BEAD JEWELRY

A large turnout of Dallas TOWNies eagerly gathered outdoors at Spring Park Club's picnic tables for a meeting on June 14 for the first time in about a year and a half following the COVID19 Pandemic shutdown that canceled the group's activities in 2020 and early 2021.

The ladies were so happy to see one another and visit once again. Cookies and other snacks were enjoyed.

Lois, a Dallas TOWN member, led the program by telling of her adventures in Santa Domingo with a mission group that built houses for the locals. The men of the villages helped with the building of the houses but Lois noticed the women had nothing to do. Lois searched for a way in the future for the women to also be able to contribute to their economy and make some money. The idea of making paper jewelry beads was suggested. Lois then looked for ways to make this happen. Pepsi-Co, the company she worked for at that time, also liked the idea and "got behind it 120%", donating colorful cardboard product containers to be cut for the bracelet beads.

Lois showed how the women had never seen scissors before and didn't even know how to hold or use them. It was later decided that paper cutters were more useful for cutting the cardboard containers into strips for the making of the paper beads.

She demonstrated to the TOWNies how bracelets were made and brought individual packets of eight cut 6 inch diagonal strips of paper for us to make our own paper beaded bracelet.

We had great fun rolling the paper over a slender stick, gluing the paper together, and glazing over the newly made bead. When dry, we threaded the paper beads into stretching plastic which was then tied off to complete the circle bracelet which then could be stretched onto our wrist. Viola! We had a colorful bracelet!

What a nice project to share with children!



Woodpeckers of North Texas

In a recent visit to Daingerfield State Park, we encountered this fascinating facts sheet about the Woodpeckers of North Texas. We were fortunate to observe at least 4 species close to our campsite.



Fun Facts

- There are more than 180 species of woodpeckers worldwide!
- Average lifespan is from 4-12 years of age depending on species.
- The tongue of the woodpecker is up to 4 inches long, or 3 times the length of its bill.
- When the woodpecker's tongue is not in use, they wrap it around the back of their head between the skull and its skin.
- A woodpecker is able to peck 20 times per second and produces between 10,000-12,000 pecks per day!

If you want to read more about the Woodpeckers of North Texas go to <https://dfwurbanwildlife.com/2016/03/27/chris-jacksons-dfw-urban-wildlife/the-woodpeckers-of-north-texas/>

TEST YOUR KNOWLEDGE

Can you identify the following wild flowers seen in the Brookhaven College walking path?
Find answers at the bottom of page.



- 1. Antelope Horns
- 2. Chittaberry Tree flowers
- 3. Milk Thistle
- 4. Hot Lips
- 5. Texas Sage
- 6. Prickly Poppy