

TOWN



NEWS

DALLAS/FORT WORTH

MARCH 2018

In March winter is holding back and spring is pulling forward. Something holds and something pulls inside of us too. Jean Hersey

March 1-4, Camping – Inks Lake

We have been camping at Inks Lake in February for several years, always having beautiful weather. This year we are going a little later. Things to see near by are Longhorn cavern and Enchanted Rock. Contact Barbara or sign up at next TOWN meeting.

Trip Leader:

Barbara Minyard

barbara_gran@yahoo.com

Sat., March 24, Hike – Erwin Park McKinney

This is a great park just North of McKinney. We could meet at 3 p.m., walk an hour or an hour and a half and then come back to McKinney Square for an early supper. A sign up sheet will be at meeting

Trip Leader:

Robbie Chandler

rbbchandler@yahoo.com

Sat., April 14, Arts Bloom – McKinney

Art in Bloom. Lets meet at Robbie Chandler's house at 11am, there will be a sign in sheet at March Meeting or let Robbie know directly you are coming.

We will walk up to the square, do our own thing



Butterfly House — Texas Discovery Gardens

(if we want) and maybe rendezvous for lunch around 1pm, then decide on our next course of action. Loads to see and do!!!!

Trip Leader:

Robbie Chandler

rbbchandler@yahoo.com

June 11-15, Camp Mary White Women's Retreat

Last year Robbie and nine (9) other TOWN members made the drive to Mayhill NM for the annual Women's Retreat at Camp Mary White. Awesome time had by all. Many of them mentioned that they would like to come back and Robbie has just been sent the dates of the Retreat.

Robbie is definitely going, and she knows

other TOWN members also hope to return this year. This year we have been assigned our camping area, near a restroom facility – same as last year) last year we were in the cabins, this year we have a choice, tents or cabins.

They averaged 12 hours driving time going there and 12 hours back but was well worth it. The cabins were made of wood, 3.5 walls to be exact the other half wall was open to the sky. Much like camping really, no electricity in the cabins and the toilets were down the hill. The only places that had electric were the main lodge, showers and arts and craft room.

There was a different activity/art project every

What's Inside!

Activities 1-2

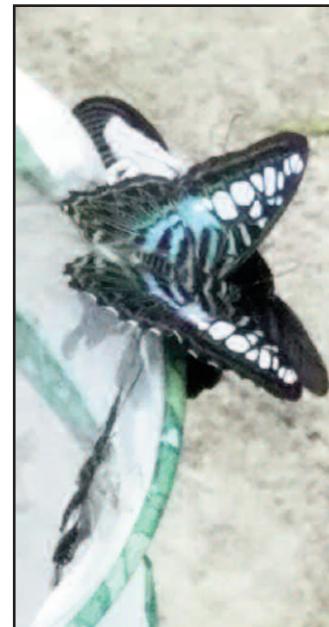
Future Trips 2

Inks Lake Photos 3

2015 & 2016 Trips

Buying Your First 4

Backpacking Stove



NEXT TOWN

MEETING

MONDAY

MARCH 5, 2018

LA MADELEINE

5290 BELT LINE RD

ADDISON, TX

**6:30-7:00 Social Hour
Meeting 7:00**



day, everything from painting wine bottles (my personal favorite) to making leather goods and jewelry. Hiking every day for those that wanted too. Trips to White Sands and Carlsbad were also undertaken. A professional masseuse on hand for these aches and pains or just plain spoiling. We had a SPA evening, a camping cookout on the grill, a night or two around the fire and on the front porch. Lots of casual evening activities from jigsaw puzzles to just plain good old fashioned conversation.

The meals were three times a day by a dedicated cook and staff, plentiful and varied, snacks available constantly and as we all know this group moves on their stomachs, which were well filled.

Details still to be finalized, so mark your calendars!

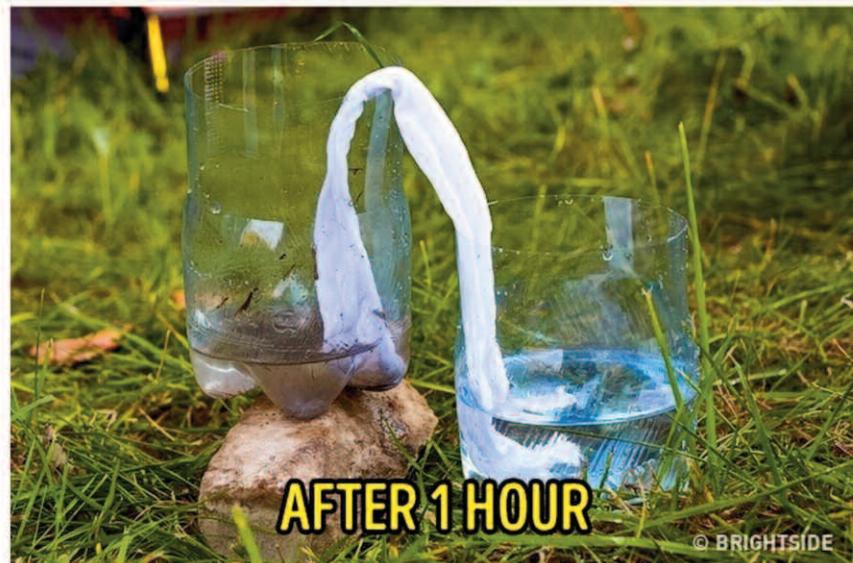
Trip Leader:

Robbie Chandler

rbbchandler@yahoo.com



Inks Lake – Carol Burris



brightside.me

Your body needs water to survive and getting fresh water, even a little in survival situations. All you need is two containers and a t-shirt or other clean fabric. Place the container of dirty water elevated above another container and place the t-shirt so that both ends are at the bottom of both buckets. You'll start to get clean water within an hour but as a precaution, it's best to boil it first.

2018 Trips

March 11 - Bush Library Prairie Tour: Leader Janet Smith e-mail: Janets13@sbcglobal.net

March 10 - Arbor Hills Hike: Leader Nancy Lee e-mail: nlee002@ts.rr.com

April 7 or 8 (to be decided) Bike Ride Mockingbird Station to Farmers Market, return on train to Mockingbird Station and lunch at Edith's French Café Leader Vicki Flynn e-mail: childrenrn@aol.com

April 14 - Arts in Bloom, McKinney - Leader Robbie Chandler and Chris e-mail rbbchandler@yahoo.com

May 5 - Hike Hagerman's Wildlife Refuge - Leader Robbie Chandler e-mail: rbbchandler@yahoo.com

In the Works

- Kayak trip on the Elm Fork of the Trinity River • Perot Museum
- Dallas Aquarium • Cedar Ridge Nature • Dallas Blooms
- Myers Park, McKinney • Roller Derby and Dinner
- White Rock Trail bike ride

TOWN NEWS



Photos by Barb



Mission Statement

The TOWN mission is to provide all women the opportunity to learn and experience outdoor activities in natural surroundings through a non-threatening, safe and supportive environment.

How to Buy Your First Backpacking Stove

By Krista Carlson – Backpacker

A good backpacking stove will be your dinner date for hundreds of meals. Here's how to pick the right one.

The time has come. You're tired of using your mom's rusty stove from the 1980s, and you're ready to buy one of your own. And knowing the ins and outs of your equipment before hitting the trail is going to make dinner a lot easier that first night. To make it easier to sort through the dozens of models out there, we've sorted through the pros and cons to help you make a decision that suits you and your cooking style.

Integrated Canister Stove

This setup combines stove, fuel, and pot into a single system. Example: Jetboil Flash (\$100)

Pros

- Lightweight (14-15oz. including pot)
- Rapid boil (4.5 mins)
- Hard to knock your pot off the flame
- Easy to use

Cons

- Used canisters need to be packed out.
- Canisters are hard to recycle.
- Fuel pressure decreases at high altitude.

- Little to no control over the heat output
- Pots must be compatible with the stove
- Hard to repair

Traditional Canister Stove

In this setup, the burner screws onto the fuel canister, and a pot is placed on top. Example: Snow Peak LiteMax (\$60)

Pros

- Lightweight (2-3 oz.)
- Compact
- You have some control over the heat output.
- You can mix and match pots.
- Easy to use

Cons

- You must pack out used canisters.
- Canisters are hard to recycle.
- Fuel pressure decreases at high altitude.
- Can be too unstable for large pots
- Hard to repair
- Use of a windscreen can create an explosion hazard.

Propane Stove

This is the traditional two-burner car camping stove. Example: Coleman Triton (\$80)

Pros

- Double burner for large groups
- Stable surface makes for easy cooking.
- Built-in wind protection



- Reliable in cold weather

Cons

- The stove is much too bulky for backpacking (around 10 lbs.)
- Propane canisters are heavy
- Canisters are hard to recycle

Solid Fuel Stove

Solid fuel stoves burn chemical fuel tablets.

Pros

- Extremely lightweight (0.1-3.5 oz.)
- Compact
- No need to pack out canisters
- Inexpensive

Cons

- Long cook time
- Easily extinguished by wind
- Fumes from fuel tabs aren't good for you.

Alcohol Stove

This pocket-size stove is placed in a stand beneath the pot.

Pros

- You can make it yourself with a used cat food can.
- Extremely cheap and lightweight (1-4oz.)

Cons

- Long cook time
- Not fuel efficient
- No temperature control
- Not recommended for cold weather
- May not be allowed under fire bans