

# TOWN



# NEWS

DALLAS/FORT WORTH

MAY 2017

*Be like a flower and turn your face to the sun.*

Kahlil Gibran

## Mark Your Calendar!

**May 20 — Roller Derby**

**It's not your grandmothers roller derby!**

Yep, no one gets lifted off the floor and thrown over the barricades any more but that doesn't mean there's not jam-packed action. Roller Derby has become a hot new sport around the world and one of the best teams is right here in Dallas! Suzi Murphy's daughter, Jordan, is a member of the Dallas Derby Devils league and plays for the Death Row Rumblers (You'll know her by her derby name, Retro Dolly!)... Yep, you heard it right!!! While the Rumblers are in a rebuilding year and may not be blowing up the scoreboard, you can be assured of some fast action play and crazy fans. So if you are in the mood for something a little different on a Friday night, join us for their next bout, Saturday, May 20th, 6:00 PM at the Nytex Sports Arena , 8851 Ice House Drive, North Richland Hills.

Tickets can be purchased on line at <https://www.derbydevils.com/tickets/dallas-roller-devils-game-2> for \$13. If you want to get them at the door the price



goes up to \$20. Also, don't wait until the day of the game to get your tickets on-line. The site will be closed down and you will have to get them at the door. Once they know who is going either Sharon or Suzi will contact you with further details regarding carpools, eating venues, etc.

### Event Leaders:

**Sharon & Suzi**

[sfahlberg@aol.com](mailto:sfahlberg@aol.com)

**Sunday, May 21, 1:00 p.m.  
Pool Party !**

Pool party at Dale Dickerson's house. The fun and sun will start at 1:00. Dale will be providing the best tasting brisket ever! (It's Barb's recipe so if you don't like it, tell her!) Please bring what ever you

want to drink and something to share with everyone. No need for chairs but don't forget your sun-screen and a towel!!

### Event Leader:

**Dale Dickerson**

[Dale.maytx@gmail.com](mailto:Dale.maytx@gmail.com)

**June 2-3 — Neches River Rendezvous Campout**

The Neches River Rendezvous is Saturday June 3rd. This is a fun, easy ten mile paddle/float through the beautiful Davy Crockett National Forest. Follow this link for the Registration Form and information about the event. You may rent a canoe, or bring your kayak. The Boy Scouts and lots of other volunteers shuttle you and your boat to the drop-off, and shuttle

## What's Inside!

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Mary Anderson, who, with her husband, founded the mountaineering importer in 1938 that became REI and helped it grow into the nation's largest consumer cooperative without betraying its founding principles, died on March 27 in the Puget Sound region of Washington State. She was 107.

**We celebrate her life!**

## NEXT TOWN MEETING

**MONDAY,  
MAY 1, 2017**

**LA MADELINE  
5290 BELT LINE RD  
ADDISON, TX**

**6:30-7:00 Social Hour  
Meeting 7:00**



you and your boat back from the take-out to return to Headquarters. They will treat you to a yummy hamburger, chips and a beverage. The registration form needs to be postmarked by May 5th to qualify for early registration fee.

Carol will reserve the Group campsite B at Ratcliff Lake for Friday and Saturday nights, June 2 and 3. This is a beautiful area full of giant pine trees, east Texas at its best. After the Rendezvous, we will return back to the campsite to hike, fish, swim or read a good book. Our campsite is about 20 minutes from the Rendezvous Headquarters. It is about a 3 hour drive (maybe less) from Dallas. You do not need to participate in the Rendezvous to go on this trip. There is plenty to see and do around the area.

<http://www.lufkintexas.org/chamber/events/nechesriver/>  
Please let her know if you would like to attend. The sign-up sheet link is below:

<http://www.fs.usda.gov/recarea/texas/recreation/hiking/recarea/?recid=30224&actid=42>

#### Event Leader:

**Carol Burris**

carol.burris@dallascityhall.com



Side trip for Bear – Waco's Mammoth National Monument.  
**Rosie**

## FYI **How to Choose the Most Perfect Campsite**

**Maximize comfort, convenience, and fun by scouting out your campsite with care.**

**Allow plenty of time.** Plan your day so you start looking for a campsite at least an hour – preferably two – before dark. Tired? Drop your pack before searching; you'll be less likely to settle for the first spot.

**Prioritize water.** Yes, you can haul water if necessary. But a perfect site will have easy access to a creek or lake. (Always camp at least 200 feet from a water source.)

**Scan for hazards.** Avoid camping under dangling dead branches, in flash-flood zones, and where rockfall debris collects.

**Stay high in the mountains when weather is good.** Five reasons: Cold air collects in valley bottoms, breezy sites have fewer bugs, wind reduces condensation, the view is better, and you'll get sunshine earlier.

**Think:** camp furniture. Boulders and downed trees make good tables and chairs.

**Face the sun.** Pitch your tent door toward the east, if conditions allow, for morning light.

**Be choosy. Make sure your tent is on a level surface where water won't collect.**

*Taken from Backpacker Online*

## 10 Backcountry Cocktails Every Backpacker Should Know

*Light that fire and kick back with a signature camping drink.*

### 1. Mountain Margarita

Lemon-Lime Gatorade + tequila + fresh snow

### 2. Watermelon Snowfield

Fruit punch sports drink + Bacardi 151 rum + snow + maraschino cherry

### 3. Bikini Sunburn

Vodka + light rum + cherry sours + juice of half a fresh lemon + sugar

### 4. Mountain Storm Cosmo

Lime juice + cranberry juice concentrate + triple sec + vodka + lime Kool-Aid powder + hailstones

### 5. Snake in the Grass

Lemon-Lime Gatorade + vodka + green creme de menthe

### 6. Blackberry Margarita

Fresh-picked berries + snow + tequila

### 7. Backcountry Mai Tai

Tang + snow + dark rum

### 8. Goodnight Kiss

Good Earth tea + scotch

### 9. Wilderness White Russian

Kahlua + vodka + milk (use dry whole milk powder)

### 10. Under the Sleeping Bag

Light rum + triple sec + brandy + lemon juice

*Taken from Backpacker Online*

*With thanks to editors Jon Dorn, Shannon Davis, Steve Howe, & Kristin*

## Buescher State Park



Thanks to all who took pictures – Barbara, Faith & Kay and Carol.



## Mission Statement

The TOWN mission is to provide all women the opportunity to learn and experience outdoor activities in natural surroundings through a non-threatening, safe and supportive environment.



Barbara  
Nancy  
& MJ



Photos by Barbara



Left to right Nancy L, M J, Sharon, Suzi.

